

# Easter is not just one day it's 50!



## IDEAS FOR EASTERTIDE

Easter is a time of joy and light for Christians, after the 40 days of Lent we have the 50 glorious days of Easter, lasting from Easter day to Pentecost Sunday.

Why not do so special things which add to your life and faith this Easter Season? Here are some ideas, to help you. Some are simple suggestions, others need a little more work... and why not have some of your own too?

- Visit a lovely place and simply sit there and thank God for beauty
- Have a small posy of flowers in a prominent place in your home
- Eat a small special piece of chocolate and savour the taste
- Read the account of Easter morning in John 20.1-18
- For a few days make a list of things you are grateful for
- Come to a weekday Mass in Eastertide, each week if possible
- Take a 15 minute walk, carefully notice the things you see
- Have a special sparkling Eastertime drink of your choice
- Give away something each day – a material thing, or a smile
- Make a chart of the 50 days of Easter and make some plans!
- Write a short poem, like a Haiku, say, for yourself about Easter
- Send some Easter cards with a greeting to some friends or distant family
- Place a lovely postcard you have received prominently in your home
- Read the story of the Road to Emmaus Luke 24.13-35
- Follow the tradition of having some new clothes at Eastertime
- Try to identify one place each day where you encountered Jesus
- Invite a friend for tea to your home, or to a café
- Look at old photographs of departed loved ones and give thanks
- Learn a new recipe for a simple cake and share a piece
- Give a donation for Eastertide flowers at Church to share their beauty
- Keep a list of a new thing you notice each day in Eastertide
- In May, Mary's month, say the rosary one day or more (or learn how to)
- Support Mary's Meals in May and so help feed and educate children
- Plan a special Eastertime meal
- Visit a museum and look carefully at works of beauty
- Work out which song is very special for you, and sing it
- Remember it's OK to doubt. Read about 'Doubting Thomas' John 20.24-29
- Think of one place you'd like to visit and work out how you could
- Contribute to a foodbank
- Plant a sunflower seed

- When you come to church make sure you have a time of quiet
- Buy a chocolate egg to share at home, work or church
- Give a small gift to say Thank You to someone
- Think of an Easter hymn or poem you like and read it
- Make an Easter gift, food or a card, say, and give it away
- Place a sign of Easter (flowers or a cross...) where you work
- Look at a website which shares beautiful photos of wildlife
- Watch a different special TV programme
- Sort out, or put up, your bird feeder
- Sort out your clothes and give some to charity
- Give an Easter gift to a child you know
- Pray for joy, beauty and a spirit of love and generosity
- Read St Matthew's account of the Resurrection: Matthew 28

*We'll be sharing how we are celebrating Eastertide and our thoughts and ideas for Eastertide, on the church noticeboard, in the Church Facebook group and on the Churchblog, and your thoughts and ideas would be welcome.*